# Between Controls: RUSA e-news & updates



March 14, 2024 | Issue: 39

### PARIS-BREST-PARIS AWARD SAN FRANCISCO RANDONNEURS

Following in the footsteps of the Davis Bike Club in 2003, the San Francisco Randonneurs (SFR) has been recognized by the Audax Club Parisien as the club with the most finishers at Paris-Brest-Paris Randonneur 2023. SFR had 73 finishers (out of 95 starters) who overcame the heat last August to cross the finish line in Rambouillet, France after 750 miles of riding.

Congratulations to Regional Brevet Administrator Rob Hawks (#2515) and the San Francisco Randonneurs community.



Photo Credit: Rob Hawks (#2515) Location: Paris, France Details: Audax Club Parisien meeting in February 2024

#### WHAT IS AUDAX?

Ohio Regional Brevet Administrator Joshua Haley (#11601) explains: Like most confusing distinctions in this sport, we can blame most of the confusion on French technicalities. Audax, Brevets, 'allure libre,' UAF, ACP What does it all mean?

Audax, at its core, means audacious! As in an Audacious bike challenge. That bike challenge is the familiar 'brevet' starting at 200km, which may be ridden 'allure libre' or

### FUEL YOUR RANDONNEURING WANDERLUST

Access our 2024 calendar

List of type of **events** 

#### **BEHIND THE SCENES**

Interested in understanding what's going on behind the scenes and where we are headed?

- Archived board of directors meeting minutes
- Mission, values and organizational principles

## RANDONNEURING MOMENTS: A VIEW FROM VIRGINIA...



Photo Credit: Mary Gersema (#2965) Location: Bridgewater, Virginia Details: DC Randonneurs Shenandoah 600K on a Sunday morning

# WHY RANDONNEURING - WE ARE RANDONNEURS USA

Randonneuring is a sport that has been celebrated around the world for over a hundred years, yet today many cyclists may not have heard that there are

'audax'. 'Audax' is the traditional style where the peloton rides together at predetermined speeds with prescribed stops, similar to fleche in spirit. An early split in the sport came from the "allure libre" folks, who wanted to be free to ride however they wanted. Today, this hatchet has been buried, but it means that the rules for riding depend on the sanctioning body. Audax Club Parisian (ACP) validates all 'allure libre' brevets that we are familiar with.

In 2017, Paul Rozelle (#2955) reintroduced Union des Audax Français (UAF) sanctioned brevets to the US. Here is a photo from that brevet in Central Florida.



These events follow a specific pacing of 14mph, limit the amount of low-light riding, and encourage downright civil stops at scheduled times and durations, enabling sit-down meals. While the 14mph average may seem tame for 200k, by the time you reach 600k, 14mph feels great!

Route captains lead the peloton, and riding outside the peloton is forbidden, meaning navigation is a non-issue if you aren't a route captain. This "all-for-one" riding approach also means the routes can have more flexibility as the controls are not needed to enforce minimum distances but rather are only used for breaks during the ride.

Now that Joshua has shared what Audax is, he will tell us why we should ride it in our June issue.

organized rides for those wanting to test themselves in an all day or multiple day adventures.

With 54 local groups in 33 states, Randonneurs USA (RUSA) has rides leaving from city centers and locations all across the nation. Our mission is to promote non-competitive, long distance cycling and we serve as the sanctioning body for randonneuring events in the United States.

Here is the full length video of our Why Randonneuring series, which strings together all 5 parts of this series into one short film.



### RANDONNEURING MOMENTS: A VIEW FROM CHICAGO...



Photo Credit: Doug McLerran (#844)

Location: Chicago, Illinois

Details: Inaugural Chicago Randonneurs Major Taylor Pilgrimage 100k on 3/2/24 with a stop at the Major Taylor mural on the Major Taylor Trail.

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Randonneurs USA is a 501(c)(3) tax-exempt nonprofit organization.







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