# Between Controls: RUSA e-news & updates



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# **NEW YOUTUBE CHANNEL: SPREAD THE NEWS!**

We are excited to unveil our new Randonneurs USA YouTube account *AND* the first of 5 short reels about randonneuring and Randonneurs USA, titled Why Randonneuring. These were produced by Mercator Films, under the vision and leadership of Tim Sullivan (#28).

We will be sharing these here over the next few months and weekly via Instagram and YouTube. *In addition, we welcome you to share these with your friends/clubs/organizations to get the word out about randonneuring and our organization!* In addition, we will be having all of our previously produced Paris-Brest-Paris presentations on our YouTube channel within the next few months.

This first short reel is titled Accessible Nature. Getting on your bike and unplugging from your routine is a way that you can experience the places around you in a new light. All of our permanents and brevets have gone through a long review process to make sure they are the best places to ride your bike. Riding your bike may bring awareness to areas that you may have not thought of before; nature that is in between the parks. Riding your bike long distances helps you to be able to see a vast amount of area in a way that you cannot do otherwise.

Subscribe to our Instagram and YouTube to stay connected for all the cool video vibes.



# WEATHER

There are various weather applications and sources to watch the weather in preparation for/during your randonneuring ride. There is one that is resourceful to those on the bicycle called Epic Ride Weather. It will give you a personalized forecast based on your speed, location and headwind/tailwind.

Epic Ride Weather connects to your routes and rides in Strava, Ride With GPS, Komoot and other services. You pick the route and start time, and Epic Ride Weather forecasts the weather for the

# **2023 CALENDAR**

Access **the 2023 schedule** and adventures available to you.

# **RUSA STORE**

Lots of trinkets available, shop here

# BEHIND THE SCENES: BOARD MEETING MINUTES MISSION / VALUES

duration of your ride based on your pace.

#### **Epic Ride Weather Here**

#### **RIDE AN ARROW**

Gardner Duvall (#5770) shares his experience and insight with this team event. "Audax Club Parisien (ACP) made an adjustment in 2021 that allowed a fleche to be run at any time of year. DC Randonneurs took advantage of this by picking a lovely September weather for a 24-hour team ride. Rather than the usual sketchy Easter weather, our usual large turnout of fleche teams made the most of the opportunity."

The Arrow is a 24-hour team event (with fleche rules) at any time of year. Our rules also allow an arrow date to be set as little as a week in advance. Regional Brevet Adminstrators (RBA's) can still schedule an arrow for this fall's glorious weather, so grab some friends and enjoy the 24-hour camaraderie of an arrow soon.

#### FAQ:

- 1. Teams of three to five bikes start and finish together 24 hours later.
- 2. Every team creates their own route, and loops are not permitted.
- 3. Each team rides a route shaped like an arrow pointed at a common finishing target, where all the teams share breakfast.
- 4. Routes don't have to be that direct, but the minimum distance is 360 kilometers, and the maximum distance is whatever your bunch dares to take on.
- 5. The rules effectively prevent finishing before the 24-hour mark, and every team finisher has to come in together.
- 6. At least three team members must finish for a qualifying result.

When you add all this up, camaraderie and teamwork are the order of the day. It is no wonder that many consider team events as their favorite randonneuring adventures of the year. Interested in seeing what's going on behind the scenes and where we are headed?

- Archived board of directors meeting minutes <u>here</u>
- Mission, values and organizational principles <u>here</u>

## 25th ANNIVERSARY CELEBRATION

Randonneurs USA started in August 1998. We are celebrating with a month-long party. Be a part and get a 25th Anniversary trophy case icon for your dashboard/results page and/or purchase a commemorative patch in our store to for this special occasion.

Criteria include:

- Entire month of August to get a RUSA Ride done
- Only rides in the United States count
- Permanents and populaires also qualify
- Upon completion, an icon will appear on your dashboard/results page. You may also purchase this patch in our store for \$3.



Have you ever wondered who were the first 300 members in 1998? Details <u>here</u>

# GOOD LUCK TO OUR 461 MEMBERS ATTENDING THE 2023 PARIS-BREST-PARIS (PBP) 1200K GRAND RANDONNEE



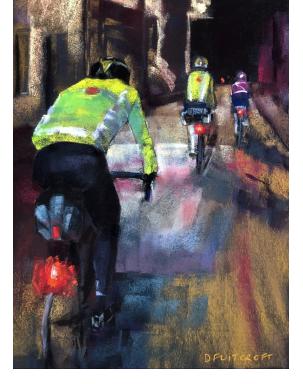
Photo Credit: Gardner Duvall (#5770) Details: Theresa Furnari (#5767) and Barry Benson (#7691) at the DC Randonneurs Arrow

#### RANDONNEURING MOMENTS: A VIEW FROM FLORIDA...

#### Dave Brilliant (#11587)

Location: Lake Eldorado near the town of Eustis on Estes Road Details: June 11, 2022 Audax Club Parisien 300K anniversary ride to the Atlantic ocean and back. This was the first ride for new member Gabriel Babilonia (#15514)





Credit to Artist Dave Flitcroft, shared with permission.

To purchase a print, check the Facebook page Art from the Bike Shed <u>here</u>

### PAC (PACIFIC ATLANTIC CYCLING) TOUR: TAKE YOUR CYCLING TO THE NEXT LEVEL

Founded by Champion Paris-Brest-Paris and RAAM (Race Across America) cyclists and members Lon Haldeman and Susan Notorangelo, they have long-distance cycling in their DNA, leading expeditions across America since 1985. Check them out <u>here</u> and ride with the best. Are you up for the challenge?

Randonneurs USA's mission is to promote non-competitive, long-distance cycling and serve as the sanctioning body for randonneuring events in the United States.

Randonneurs USA is a 501(c)(3) tax-exempt nonprofit organization.



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